The most comprehensive natural medicines and supplements database available.

As a Veterans Affairs healthcare employee, you have access to Natural Medicines.

To access from a work computer, go to NaturalMedicines.com.

To access from a non-work computer/device, go to NaturalMedicines.com/login and log in with your CE ID#, which begins with “VALNO-” (e.g. VALNO-CURTISJ1234).

If you don’t have a CE ID# yet, here’s how you can set one up:

1. Go to NaturalMedicines.com.
2. Click on CE/CME Center on the top menu.
3. Click the link to Create CE ID# and follow the prompts to complete the process.

Download the Natural Medicines app:
Your go-to resource for natural medicines, including:

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<td>1,400+ monographs organized in comprehensive databases including:</td>
<td>Additional resources to get you the info you need including:</td>
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<td>- Food, Herbs &amp; Supplements</td>
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<td>- Health &amp; Wellness</td>
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Additional Tools Included:

- **Comparative Effectiveness**
  - Select from a browsable list of diseases and conditions for a chart of the natural medicines used for that disease/condition, ranked from most to least effective.

- **Adverse Effects Checker**
  - Search by adverse effect to see every natural medicine with the potential to cause that adverse effect. You can also browse by category (e.g., Men's Health).

- **Pregnancy & Lactation Checker**
  - Select a natural medicine to get its pregnancy and lactation safety rating, then print the Patient Handout to provide to your patient.

- **Manufacturers**
  - Choose from a browsable list of manufacturers to view the list of linked products in our databases, made by that manufacturer.

- **Charts**
  - Choose from an alphabetical list of categories (e.g., amino acids, omega-3 fatty acids, etc) to see all monographs tagged for a given category.

- **Sports Medicine**
  - Choose from an alphabetical list of natural medicines, all relevant to Sports Medicine.